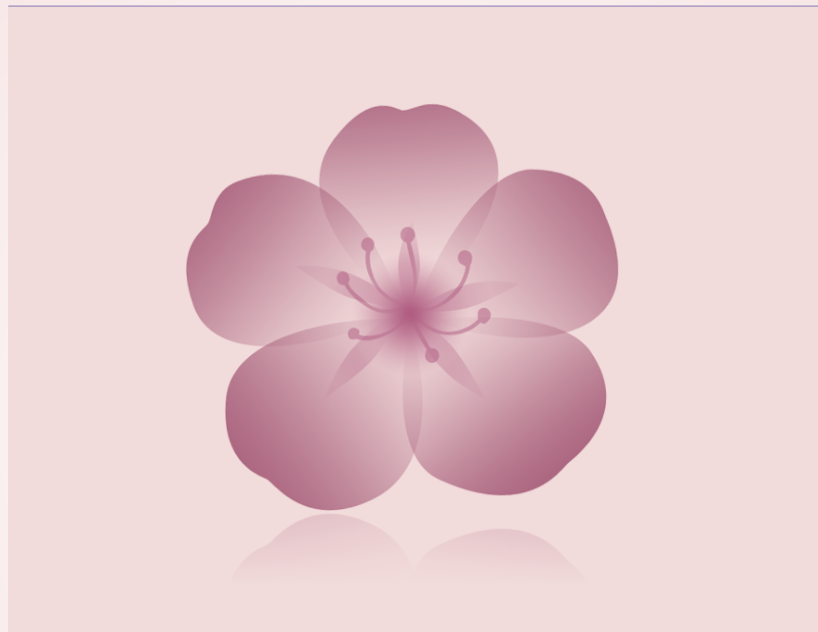


# CAN WE BE ANYTHING BUT COSMIC BEINGS



BI-MA ANDÉN

## **CAN WE BE ANYTHING BUT COSMIC BEINGS?**

This is a short version of my book in progress entitled:  
"Can we be anything but Cosmic Beings"

With this short version I was in 2010 honored to contribute to a chapter in the book:

### **WORLD as SANCTUARY**

**The Cosmic Philosophy  
of Henryk Skolimowski**

edited by David Skrbina and Juanita Skolimowski

This volume includes 21 original essays by Skolimowski's closest friends, colleagues, and admirers. They range from personal reflections and observations to specific ways in which Skolimowski's vision has affected personal lives. The book is an outstanding tribute to one of the few true visionaries of today's world.

[www.ecophilosophy.org/new/pubs.html](http://www.ecophilosophy.org/new/pubs.html)

Bi-Ma Andén  
May 2011

## CAN WE BE ANYTHING BUT COSMIC BEINGS?

Bi-Ma Andén

We live in a society where we look at everything as being outside us. But who are we, and in which context are we?

Can we be other than part of all that we see? Are we actually not just within it, together with everyone else and everything else that also is within it? What is our true relationship to all and everything we are a part of, by living on Earth in the Cosmic Universe? Taking these reflections into sincere consideration in education, politics, enterprising and in day-to-day life—constantly—would most likely mould our lives as humanity very different than today. To the extent that this *conscious reflection* is not awake, we are sleeping. It has to awake if we want *a consciously reflecting and creative humankind*.

Humankind is we human beings; souls, spirits or just Divinity incarnated in human bodies on Earth within the Cosmic universe—Cosmic Beings! The potential is always there to expand one's consciousness, experiencing the awe of life, and re-enchanting the world!

### Earth: Life and Fatality

I can reflect upon the absolute fact that this body I am operating will go back into the Earth, as all bodies I see or do not see, which have ever lived on Earth. All have or had the destiny of going back into the Earth and becoming fused with the soil that is a needed foundation for the existence of life on Earth!

How come we do not take this fact into consideration in our everyday life? How come we avoid talking about 'death' when we, all human beings who can think, reflect, and talk, will 'die' and go back and dissolve into the Earth? This will happen to the body I call me, you, close family member, friend, anyone old or young.... It is as if the fact that we all can 'die' at any moment is something that shouldn't be mentioned if it is not just to say that someone passed away, or of people 'dying' in catastrophes.

Why do adult human beings of modern societies seem to fear death, if the death of bodies is absolutely natural and unavoidable? Everything that is given nutrition from the Earth to live goes back to the Earth to become fused and part of nutrition itself - *a law of nature that cannot be circumvented!*

*"To die is nothing but love in another form of the one that I am. If to die was bad, life wouldn't be":* a quotation from an Indian sage. To every day meditate on the fact that my body actually is a temporary living entity that will go back to Earth and fuse with the Earth, in the same way as all the leaves in autumn, all beautiful flowers and as happened to the bodies of my father, my daughter, my grandparents, my old relatives and other friends and people I have known, and will happen to all other living beings on Earth, is a way to *connect to the Cosmic rules that are fundamental for Cosmic Creation to exist*.

When in contact with the fact that my body by Cosmic Law will (soon?) go back into the Earth, I, instead of living as the body will last forever and spend my time in vanity or idleness, get energy and inspiration from the depth of my inner being to involve myself in what really matters. I can actually feel in my body the connection or the fusion with Earth, by visualising my body sinking into the Earth. It gives me feelings of deep relaxation, and it is as if a pleasurable energy is coming up from the Earth and flowing up along my spine, up into my head and spreading in all directions out in my whole body, and vitalizes my life energy. I could also describe it as a feeling of connection with *truth- or light-energy*. Maybe that is exactly what it is!

## Manifold individual life forms

I was holding a miracle in my arms—a newborn baby girl. It was the first night of her life outside her mother's womb. She was my first grandchild. Her parents were sleeping; they had been awake the whole night before because of the delivery. We were at a modern hospital with a hospital hotel. The delivery had been without any complications; therefore both parents and baby could go directly to the hospital hotel, where we all four were staying the first night of her life together. This took place in 1996, in Sweden.

In 1970 I delivered my own first child. My newborn baby girl “was taken” into a special room and only given me to hold and feed every fourth hour for one whole week! This was one of the most modern and expertise maternity hospitals in those days.

Fortunately since then consciousness is awakening in our “civilised” world about sustaining the by Cosmic nature given natural relations in childbearing.

To have had the miraculous experience of a child being formed in the womb of my own body, and coming out from my body, and be a living individual fed by my body, and grow and move and create ... what a miracle! And to be able to understand that we all human beings had mothers bearing us in their wombs... what a miracle...

Conception happens by the male and female who have *equally crucial roles in procreation*. Offspring: human, animal, and even vegetation, have a womb or womblike period where life develops, until the ‘individual’ entity can exist. No human ‘experts’ were needed to make this happen! *It is all Cosmically natural!*

Like the Earth being a Holy womb for fertilized seeds of vegetation to grow ready to come up in the air, the uterus of the female body is the Holy place for all humans and other mammals to grow ready to come out into the air... nature... society.

The more I meditate on this hard-core fact, the more I actually feel the existence of my body as being as alive as all creatures and entities outside my own body. And the more I also feel an enormous connection to, and reverence for, the flow of diverse fertilizations, births, and beauty of variations, amongst which I as an individual exist. I can sense being miraculously in company with so many individuals just *out of the Cosmic Creation!*

To reveal or discover the potential of human life, and to devote myself to be it and to live it, and to assist others to be it and live it, is a gifted life.

The more I discover the vast potentialities and diversities on Earth and in the Cosmos, the more of me awakens into this innate Cosmic consciousness, incarnated in and operating as a human body. *May we describe the indescribable as the Spirit aware of the Cosmic life, while living an incarnated human life on Earth? May this be the mystery and adventure of human life? May this be the most developing, transcending, and clandestine meaning of life?*

Professor Henryk Skolimowski, the founder of Eco Philosophy, affirms that “time is our friend.” Will it appear that the potential state of Cosmic consciousness emerges from within to the ones giving themselves the “time” to meditate, reflect, and contemplate deeply enough? *May this be the New Age of Cosmically-Awakened Human Life!*

In the human bodies given by Cosmic nature, there is knowledge inherent of how both female and male bodies are structured in all implausible details, and even so that they jointly can make a new perfect body, female or male, out of their absolute, *by Cosmic nature-given complement*. To truly realize that within every creature and entity that can propagate there is an inborn, amazing

knowledge... so miraculously incredible that just reflecting about it makes one feel sacred, very humble, and very reverential towards all other beings.

To really learn to know and experience our body is, in itself, a miraculous journey! When we are capable of living with our bodies integrated in the wider inclusion of life, and are consciously awakened about the fact that this very body I am operating now is *temporary*—a temporary sacred abode—then there might be a natural understanding of the cultures that always honoured meditation. Trends such as meditation and yoga are rapidly increasing in modern societies. There is obviously a longing for coming home to a lifestyle of feeling whole and included and belonging... *a holistic life*.

## **The Cosmic Body**

The more I experience myself as a separate living individual *on equal terms* with all other living individuals or entities, the more I feel connected to all around me, even though I do experience my individuality.

But... am I in truth separated? Am I not a part of an immense Cosmic Body? Is my body not just a kind of 'cell' in this enormous Cosmic Body? Can there actually be any separation? Is it not just an experience of my own illusion? Can I ever separate my body from the rest of everything created on Earth, under the sun, or within the universe? Can it be so that I do meet a part of myself in *everyone* and everything else...without realizing it fully? Is this how it is for everyone, no matter of position in life?

Is it not factually so that 'my' dependence of the different parts within my own body has no less significance than the dependence of all 'bodies' in life as a whole? Are 'we' not by Cosmic Nature so interconnected that there is no real separation possible? How can I separate 'myself' out of the Creation other than by *a thought that is creating its own life*? If I undo this thought and let it dissolve into the acceptance of that, my body is a natural and inevitable part of Creation. I ask myself, "Did I really influence my body being created, *more than* I influenced the whole Creation being created?" My humble answer would be 'no'!

Can I ever be independent of anything in the Universe? Can the unit 'I am' in this Cosmic Body, by operating a human body influence the whole, owing to how I as an individual act and react? Can it be that I am influencing and responsible for all development or conditions in life together with anything or anyone else existing or ever existed? Am what 'I' experience as 'I,' by Cosmic law, inevitably connected to life operating as the whole Cosmic Creation? Am 'I' inevitably incorporated in all that is and ever will be, as much as my body inevitably is incorporated in Earth-life and in the Universe? How can it be otherwise? When contemplating deeply on these enquiries, it is as if everything dissolves into the energy of non-separation. All that is relates to whatever there is. Can there be any judgements about anyone or anything that are not just thought-units, being interconnected in the whole—no matter whoever thinks, and whatever the thoughts? Are we all not interconnected and united in the Cosmic Body, but out of ignorance forsaking our Cosmic roles in life?

But where did this experience of separation that is so prominent in today's societies actually happen? Is it all about how we relate and connect? Is it so simple? How much do we really know about that part of the whole Cosmic Body, which we address as our own physical body! To what extent do we examine our bodily reactions, and take them into consideration and reflection before we act? Are the hormones in our bodies running us, or do we utilise them for finding the best way of acting in life? How much do we know about our endocrine system, neurobiological or neurophysiologic system, and about our minds and psychological state? How much are we aware of our emotional system—how our emotions influence how we behave and how we relate to all that is around us? *How much can we perceive life on Earth, which we are dependent on and live as the unified Cosmic Body, in which we are holistically fused by the Cosmic synergy*—a process existing in or produced by nature beyond the intent of human beings? How can we consciously deal with the roles we have within the Cosmic Universe?

Could we so profoundly sink into the consciousness of being merged with the Cosmic Body, so that we can heal stressful, emotional, separating energy, and arrive at a state of peaceful feelings of being alive? How would such a state influence how I see or relate to other humans and the life I live here on Earth? Would I be able to see and even feel the sister or brother in the one I meet? Even in the one I cannot easily deal with, or the one who sees or treats me as an enemy? Can deep contemplation or reflection take us humans from feelings of *alienation* to feelings of *union* with all that is? Will we then deal with the Earth we are living on as if the Earth is our Celestial Mother and also our home that we love and care for? Yes, I do really believe so!

## Love

Behind the Cosmic Universe there is of course a Cause. There are plenty of religious, philosophical, and scientific descriptions of how, why, and by whom or what this Creation is happening. For a moment, leave all these and pay attention to the Source of Creation, and see what a piece of art this Cause has caused!

Imagine the LOVE for the potential of life that the Cause of the Cosmic Universe comprises and bestows! Whoever or whatever might be this Cause or Source, the LOVE must be total and boundless...beyond any description! LOVE for all the Creation...for every little tiny part of it...every detail...and thus also for the part of it I call 'me' and what I call you, he, she, it, that, they, those. Every ounce of the whole Cosmic Universe is the subject of this immense LOVE—irrespective of being aware or not—like the rays of the sun that are of the same intensity no matter who is the recipient.

Our inspiring Eco-philosopher Henryk Skolimowski is a mystic who profoundly encompasses the Western and Eastern traditions, and transcends all into what I would describe as Cosmic Mysticism. To me the vision of Cosmic Mysticism gives unlimited nurturing to the flame of love within my heart core; a flame of Celestial Love for all!

We can look into any culture and history and find both female and male mystics, saints, shamans, teachers or inspirers of deep spirituality who radiate a love that is beyond the ordinary. They seem to have been touched by 'Something' which makes them radiate this same 'Something'! They attract others with a magnetic radiance. Could it be described as being touched by the LOVE from the Cosmic Source, and transformed into givers or transmitters of the same? I chose to so believe! And as it is possible for some human beings to experience this kind of LOVE, I chose to believe that it is potentially possible for any human being.

If there is Universal LOVE, Cosmic LOVE, Divine LOVE—why would it be restricted to some and not be for everyone? By the very descriptions—Universal, Cosmic or Divine—it is obvious that this kind of LOVE is unlimited and unrestricted. Thus we are all LOVED by it, and we are of course potential receivers and transmitters of this LOVE! The immense beauty of nature offers us humans countless variations and indications that, out of this magnanimous LOVE, are we able to experience all this beauty. '*Someone*' *wants to share it with us!* I chose to believe that this very same 'Someone' has imprinted in us humans a Cosmic seed of potentiality to experience, to be and to live this love and beauty. Just as this 'Someone,' through nature, shares with us, we can awake to share this Cosmic LOVE with our home planet Earth and amongst ourselves as humanity! What would be more natural?

My elder native Indian friend Manitonquat says that when he observed that humanity seemed to have gone dangerously astray, he returned back to his ancestors to find out how to live. He then wrote the book *Return to Creation*. I heard him speaking very relaxed and peacefully, with a voice that nothing could ever disturb: "We have forgotten our instructions... Look at the moon, look at the stars... They are following their instructions... We have to find our instructions..." His words touch a core of surrendering in my heart. I fully agree that we have to find or rediscover our instructions as humanity

living on Planet Earth in the Cosmic Universe. We ought to discover *the Cosmic Love within our hearts and within the Creation that binds us all together.*

### **Human intelligence, vision, and imagination**

Could human creative manifestations happen without intelligence? My answer is ‘no’! There is without doubt a lot of thinking, testing, contemplating, visualising, realizing, planning and imagination behind the manifestations created by humans! How can it be that the intelligence-function is smart enough to create synthetic fertilizer but not to meet up with the consequences intelligently? Or that it is smart enough for cutting trees in huge amounts, and using them for making all kinds of paper and other processed things out of the wood, but at the same not intelligent enough to deal intelligently with the consequences?

It would seem natural to use our incredible creativity in such an intelligent way so that we could foresee the effects. Or at least so that we could ‘see’ which of our effects are supportive of life as a whole, and, at the slightest diversion away from being supportive, directly change course and repair any damage.

‘We humans have an outstanding potential capacity to create far beyond our natural biological reproduction drive.’ It is even so much a creative drive that it *can* contradict our survival! No matter how startlingly impressive human creativity is, without a continuous connection to an Ethical Source that we can see or imagine, we become disasters.

Our brain is a very complex and very intelligent system. Can it be other than a Divine Intelligence system? The brain is of enormous importance to our exclusive, vulnerable, and complex human bodies—bodies that are an unmistakable part of the full Cosmic Creation created by some Divine Intelligence. This Divine Intelligence or Cosmic Intelligence is uncompromisingly the intelligence of the whole Cosmic Universe. *Are we humans born within the realm of potential conscious connection with this Divine Intelligence?*

May it be such that what is called our ‘third eye,’ or what is called intuition, is a kind of link to this Divine Intelligence? This nonphysical ‘third eye’ and intuition are referred to more and more in the modern world, not the least within leadership training.

There are old cultures where the awareness of our ‘third eye’ and intuition is fully natural! If we humans truly have a ‘third eye’ and intuition that can make us “see” intuitively—‘see’ behind mind and thoughts into a deeper truth than our normal thoughts, reactions, or emotions—why should we not then make use of them in daily life? If the human being really has the potential of being connected to the Divine Intelligence, why is it then not given fundamental attention? If we humans, because of ignorance, are disconnected from our inner ethical or divine guiding, we will of course be lost—lost as humanity.

*How many lessons during your years in school were about vision, intuition, imagination and creativity? For us to be holistically conscious and able to create a holistic civilization, every potential faculty preordained and innate by birth should logically have appropriate attention during the time of upbringing and education.*

No one can deny that there is a magical, enchanting intelligence operating in humanity. There is intelligence behind our existence, and in how our bodies are constructed—intelligence beyond our brains and thinking! Do we belong to this intelligence? Are we not in fact woven into it by life itself? And if so why shouldn’t we use our time to the utmost to consciously connect to it, and to our utmost, to act out from it?

During a time of intensive philosophy studies, one late wintertime evening before going to sleep, I asked into the void, “Why do human beings actually have to suffer so much?” I woke up during the night and heard a kind of ‘silent voice’ from within saying: “*Look at the stars...*” I moved close to the window and looked up into a starry sky of the dark night. As the ‘star aficionado’ I was (and still am), the beauty of the stars hit my heart and caused a ‘love explosion.’ The ‘silent voice’ very lovingly but very straightforwardly continued: “*Would you be willing to let all the stars extinguish... to end all human suffering?*” The question hit me profoundly. It was as my heart screamed, “oh no... no...!” The ‘silent voice,’ with the same loving vibration and straightness, continued: “*As long as the Cosmic Universe exists, there will be human suffering to the degree that human beings identify themselves with their bodies.*”

Intuition and imagination might bring us humans beyond limitation and imitation—and by creative imagination we might bring ourselves out of our limiting minds into our Cosmic Creative potentials.

Within the potentiality of being intuitive and creative, together with the ability to imagine, I might be able to create an image of myself as the Cosmic Being I am by living in Cosmos. Can I, through my creative imagination, give birth to my own *healing* from being accustomed to a too-limited view of human beings, and to act *healingly*? Can we as humans use our imagination to give ourselves such lives and wide-ranging influence?

Henryk Skolimowski is one of those who have a wide-ranging influence! He has the courage to follow his intuition, imagination, divine intelligence and creativity. The time seems to have come when the words ‘never said’ will be said! - words that emanate from the hearts of cosmically-oriented Earth inhabitants. Hearts intuitively connect to the *vision*: “to shed a significant light on the present world and what we can do and should do about it,” as Henryk states.

### **Life energy**

We ought live in awe, and aspire to the utmost reverence for life. How come we do not see every star, every tiny snowflake, every living entity and every fellow human as the miracles that they are? How can we ever think of creating a sustainable society if not taking all life into consideration? Who are we, humanity—coming into this world, and getting this wondrous body for a lifetime...and inhabit Earth together with all the beauty and wonder.

Can we imagine a vocation more eloquent, reverential, and re-enchanting than connecting with another human being, totally addressing our cosmic life energy within and between us, and co-create in revealing the Sanctuary in life that human hearts within all generations are consciously or unconsciously calling for?

Our beloved friend of humanity, Henryk, states in his essay *Sustainability for the Next 50 Generations*:

Eco-philosophy starts with a new cosmological metaphor: THE WORLD IS A SANCTUARY (and not some kind of ghastly deterministic machine). From this premise, it immediately follows that we live in a sanctuary and each of us is a sanctuary. Therefore, we must treat all others and ourselves with REVERENCE. Reverence emerges as a new ethical imperative. From this it further follows that the RESPONSIBILITY for the sanctuary of the Earth and for the sanctuaries, which human beings are, takes precedence over the responsibility to profit, or industrial efficiency.

When I met Henryk the first time it was a coming-home feeling. A philosopher that talked directly to my heart about all that was important for a true living human society. He addressed “the quest for a meaningful life” by his whole presence. He did not only encompass the core of our Western



philosophical traditions, but also the core of the Eastern, and even the core of ecology. In his lectures, I got the impression that he radiated the spirit of Socrates and the spirit of Shiva and the spirit of the Earth and Cosmos—the spirit of a genuine holistic philosopher and a spiritual brother. *“Thank God they exist, true philosophers that persist; Thank God they are not in books only, but living and inspiring to make life holy.”* (the first lines of a lyric called ‘Skolimowski’ that I wrote in 1999).

We humans need such holistic friends, and we need to be such holistic friends to create the Cosmic Humanity that we all need!—a Cosmic Humanity that can love the Earth, and all life on Earth, and care for all life on Earth and its ecological nature, as a mother cares for a child. From one perspective, the Earth is our Mother who cares for us with all that she offers us. From another perspective, the Earth is our Cosmic Child that we have to care for with all our compassion, love and responsibility. All human beings are part of the Earth, and thus we cannot live sterling lives without being sincere ‘holistics.’

That life that takes form as ‘me’ and leaves when my body ends breathing... That life that I am in eternity... I know I am That... as there is nothing but Life that takes all forms of life... There is no way out of life. If I do leave the Cosmic Creation, who am I that leaves? If I exist in the Cosmic Creation, who am I that exists? Is there any difference? Is there any choice?

I am incarnated in a human body but also in a Cosmic Body—the Cosmic Universe. We all are...Cosmic Beings.

*Planet Earth this Holy place  
a little spot in the Cosmic space  
When we transcend mind-limits we will face  
a Cosmic Home for the human race  
That’s why we are born  
in this human form.*

Bi-Ma Andén was born in Sweden in 1946. At a young age she made a commitment with The Divine to devote her life to serve the change from a mundane-oriented to a mystical or spiritual oriented society. Acknowledging herself to be a Cosmic Being, she is today an entrepreneur and mentor for a holistically oriented life and ‘existential welfare.’